



Third Sunday of Lent

Psalm 63:1-8

You, God, are my God, earnestly I seek You; I thirst for You, my whole being longs for You,

in a dry and parched land where there is no water.

I have seen You in the sanctuary and beheld Your power and Your glory. Because Your love is better than life, my lips will glorify You.

I will praise You as long as I live, and in Your name I will lift up my hands. I will be fully satisfied as with the richest foods;

with singing lips my mouth will praise You. On my bed I remember You;

I think of You through the watches of the night. Because You are my help,

I sing in the shadow of Your wing.

I cling to You; Your right hand upholds me.

Prayer:

Heavenly Father, You are Praiseworthy! You are all I need!

You are my first thought when I wake up in the morning. I am thankful for another day to serve You. I can feel Your guiding presence throughout each day, and know You are always with me.

Heavenly Father, You are Praiseworthy! You are all I need!

Sometimes, the journey through daily life can be difficult to maneuver, where the world can feel like a desert wilderness full of troubles, struggles, shortcomings, and misunderstandings. Remind me, Lord to seek You and trust that You will carry me through the brokenness. You see me and come meet me right where I am - Your unconditional love overwhelms me!

Heavenly Father, You are Praiseworthy! You are all I need!

I cannot imagine my life without you in it, Lord! You have filled me with joy, peace, and love, bringing an indescribable completeness, which feels Heaven sent. I want the world to know of this feeling, I lift my face and hands, wide open, to You in worship!

Heavenly Father, You are Praiseworthy! You are all I need!

When night falls, I can relax into the comfort of your sheltering wing, guarding me while I sleep. Lifting any anxious thoughts or worries that may be troubling me. Lifting praises for Your goodness and many blessings. I am content and my heart is full.

Heavenly Father, You are Praiseworthy! You are all I need! AMEN